The Mnemosyne Treatment Process

1. Reading Materials
2. Questionnaire
   Facts and Reassurances
3. Create Memory Triggers
4. Distribute Pennies
   "A penny for my thoughts."
   "I will help you remember."
5. Choose a Traveler
6. Prepare for the Trip
   Guiding Questions
   "Yes, and . . ."
7. Begin the Journey
   "I remember a time when . . ."
8. Describe the Path
   "What did I say or do then?"
   "Or was it . . ."
   "Yes, I remember now."
9. Ask for Guidance
10. Conclude the Journey
    Move On
    "A penny for my thoughts."
11. Complete The Treatment
12. Move On

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