While Mnemosyne helps to break down the barriers between your mind and the minds of your fellow patients, it also weakens the barriers between the compartments of your mind. Memories, dreams, books, paintings—all of these may mix together. To help you distinguish fact from fiction, we have prepared this guide to the world you live in. You may treat the following statements about the world as true:

- **You were discovered in the aftermath of a battle against a terrible horror beyond the understanding of man.** When you came to, you remembered nothing of the terrible destruction that happened, of the lives lost, of anything about your past. While it was our hope that you would live out the rest of your days in peace without the memories of your former life, a great crisis is looming. Locked inside your fractured psyche is knowledge that could help mankind survive in the time to come.

- **It is the early twentieth century.** Human technology—motor cars, telegraph, electric streetlamps, radio, etc.—has not advanced beyond your hazy recollection of it, nor has humanity yet been thrown into a new dark age. If images of sinister alien weapons, portals to otherworldly places, horrific methods of surgery or other such inhuman things enter your mind, it is likely that they are not of human origin.

- **To most people, the world is a mundane place.** People see wonders and terrors from simple and personal things, like the birth of a child or the death of a loved one. But beneath this calm veneer is a harsh, uncaring truth—there are things beyond time and space that would crush this world without any sense of human remorse. Few know about such things, and even fewer live to tell tales. If you recall spirits, monsters, aliens, and terrible gods in your therapy, do not immediately discount it as fantasy.

- **You are a normal, everyday person.** This isn’t to say that you might not be a remarkable individual, as you have fought against the nightmarish darkness and still live, but feats like leaping across rooftops or manipulating the minds of others are impossible without superhuman intervention.

We hope that this will aid you in recovering your identity and helping us defend ourselves. Please know that we are monitoring your progress throughout the treatment, though, for reasons explained earlier, we cannot intervene during it. Should you accidentally recall false memories, we will collect you once the process is complete and attempt your treatment again. Please know that if your memories are too much to bear, we will help you and continue your treatment in our facility.
1 Recall a small victory against the terrible unknown.
When I think of ____________________________, I remember:

To what do you owe your victory?

2 Recall a horrid defeat at the hands of the terrible unknown.
When I think of ____________________________, I remember:

What did you lose in this defeat?

3 Recall the events that blasted your mind and caused you to lose your memory.
When I think of ____________________________, I remember:

What can we do to fight against this horror?

Do you want to remember?
If you choose to remember, we may yet stand a chance against this black menace.

We understand if you cannot bear these memories, and if you wish, we will leave you to live out your days as a patient in this Institute.